



LIABILITY WAIVER

I, as a participant in this event, am aware that participating in the Yoga classes requires a certain level of fitness and general physical health. I acknowledge and voluntarily assume my responsibility to assess my level of fitness and general health (including where appropriate consulting my physician or doctor) and the risks of serious injury that are associated with physical activity of any kind including any variety of yoga, meditation, and breath work practice.

I voluntarily assume full liability and accept the risk of harm, including physical injury and discomfort as a result of my participation in the various activities during Yoga classes. I also agree to inform the teacher of any movements which I cannot safely perform, and I will not perform any activity or movement, which I feel is likely to cause me to injure myself.

I will inform the teachers and/or assistants of any limitations or medical conditions that may affect my practice. I, or anyone who could claim in my name or on my behalf, my heirs and legal representatives, do hereby voluntarily waive, release and forever discharge the organizers, from any and all liabilities for injuries, damages, or death resulting from my participation in the activities during the course of the Yoga classes, and while on the premises, and hold them harmless from all claims which may be brought against them for any such injuries or claims as aforesaid and all costs and expenses incidental thereto.

I agree that organizers reserve the right to accept or kindly decline the application of a participant at any time, to make changes in the itinerary whenever reputed necessary for the comfort, convenience, and safety of all participants.

In the case that the event is canceled or postponed organizers shall have no responsibility beyond the refund of money or expenses paid by the participant if the event cannot be re-scheduled.

The Liability Waiver is effective from December 1st, 2022.